







Fabulous Food Play!

Fabulous Food Play is a food play group developed in collaboration with a senior Occupational Therapist and implemented by an Occupational Therapy Assistant experienced in running small groups.

Fabulous Food Play is designed to encourage positive interactions with food.

Goals for participants:

-  To interact with food in a fun, non-threatening environment
-  To Increase exposure to a range of foods, textures and tastes
-  To improve willingness to explore foods
-  To interact with food through a range of sensory systems (looking, smelling, touching, licking, tasting)
-  To encourage social interaction around food
-  To communicate about food in a positive way



Groups will have a maximum of 4 participants.
Recommended age group 3-6 years.

Activities may include: The Real Mr Potato Head, At the Beach, Food Train, Dinosaur Island, The Farm, Bugs and Butterflies, Robots, Funny Faces, Transport, and more.

Please contact us if you would like to enrol your child.
For further information, contact us on 9482 3082 or admin@bbot.com.au.



'building * developing * excelling'

**building
blocks**
OCCUPATIONAL THERAPY

Suite 613, 1C Burdett Street, Hornsby
Ph: 9482 3082 Web: www.bbot.com.au
email: admin@bbot.com.au