

Our Fantastic Finger Fun Program will help your preschool child lay the foundations for successful fine motor skill development and will ensure they reach age related milestones on time.

We love nothing more than seeing each child reach their utmost potential. To help them achieve this, we have developed an exciting program that works on the everyday skills we often take for granted.

How Will My Child Benefit From The Program?

We see many children who experience some degree of difficulty with fine motor skill that makes everyday tasks challenging. It can be frustrating for a child who has poor hand or finger strength to open packets, hold a pencil and tie laces. They may also have poor finger awareness or difficulty with two handed coordination to partake in finger action songs. In the end they often lose confident, give up, and avoid such challenges!

At Building Blocks OT we know that providing fine motor intervention for the preschool age group will prevent bigger issues later in their development and assist with transition to school life. Our Fantastic Finger Fun program is targeted at children from 3-5 years and will help your child build, develop and excel at fine motor manipulation tasks.

This group has been specifically designed to encourage:

- Grasp and manipulative skill
- Coordination of two hands/sides of the body
- Hand and finger strength
- Foundational skills for everyday tasks including: managing buttons, shoelaces, cutlery, opening lunchboxes, packets, handwriting, scissor use, etc.



If your child is finding fine motor tasks a challenge, then this group will be of great benefit. To ensure each child achieves the desired outcomes and to maintain the personalised nature of our service, places are limited to only 5 participants in each group. Please book early to avoid disappointment.

If you have any questions, would like a registration form, or require any further information, please contact us by phone on 9482 3082 or admin@bbot.com.au