The Incredible Flexible You is a Social Thinking Curriculum offered by Building Blocks Occupational Therapy for children of preschool and early primary age.

The Incredible Flexible You is designed to help young verbal learners develop the skills they need to be flexible social thinkers and social problem solvers. Through the experiences of four characters in the storybooks and the accompanying lessons and music CD, children will learn about the social mind and social expectations. They will also learn about their own thinking (and that of others) to help them make better decisions when in the midst of social play and interaction.

- We accept that social learning takes time to master. We do not expect children to learn the concepts quickly.
- Parents are encouraged to learn about the concepts their child is being exposed to and start to use the same vocabulary at home. Parent letters are given to assist you with this.
- Stories and songs that accompany the lessons are designed to be enjoyed by the whole family.

Please note: The curriculum is designed for children with listening and language skills strong enough to understand and discuss the concepts presented in the storybooks.

While all children will benefit from exploring these lessons, students with special learning needs may need much more time to do so.

Groups are usually made up of 3-6 children. Children are grouped as well as possible with suitable playmates.

Groups are offered as week-long ‘intensives’ during School Holidays or once per week in school term time.

Please fill in a Registration Form if you would like to enrol your child, or contact us for further information on 9482 3082 or admin@bbot.com.au.